

### Lunch

Lunch is not provided by camp. Please send your child with a nut-free packed lunch.

### Add-On Programming Opportunities

This year's summer camp program offers the following Add-On classes. Registration for Add-Ons can be processed at the time of enrollment.

### Add-On Session Dates

#### Swimming

Session 1 May 28 - June 27

Session 2 July 9 - August 8

### Add-On Class Options

**Swimming** | Aquatics Instructor lessons

Level	Camp capacity	Days	Times	Member	Non-Member
All Levels   5 - 12 years	12	Tues / Thurs	9:30 - 11 am	\$45	\$60



**FRIENDS!**



# MIGHTY CAMP!

## Summer Camp 2019

Lincoln Racquet Club | Sport Workshops | Teams of 12:1 | Field Trips



**"BEST summer camp around!!"**

The staff is awesome, the kids are moving all day, and learning so much.

My daughter literally talks about camp all year long and can't wait for the next summer to start.

**Highly recommended!!"**

- Parent testimonial

A Summer Camp that maximizes **FUN**,  
builds **PROBLEM-SOLVING** skills,  
and leaves parents **PROUD**  
of their child's growth.

- **Mon - Fri | 8:00 am - 4:00 pm**
- Site Director, Brent Docter
- 402-413-1085
- mightycamps51@genesishealthclubs.com

[www.genesishealthclubs.com/mighty-camps](http://www.genesishealthclubs.com/mighty-camps)

# All about Mighty Camp at Genesis Lincoln Racquet Club!

At Mighty Camp, we strive to take the hassle and guilt out of your summer planning. Our goal is to create an enriching summer camp experience packed with fun-filled days that your child will be stoked to be a part of. Avoid a long, boring summer at home and join the Mighty Camp Family!

**Location** Genesis Lincoln Racquet Club | 5300 Old Cheney Road

**Hours** Monday - Friday | 8:00 am - 4:00 pm

## Camp Dates

Week 1	May 27 - 31
Week 2	June 3 - 7
Week 3	June 10 - 14
Week 4	June 17 - 21
Week 5	June 24 - 28
Week 6	July 1 - 5 *No camp July 4
Week 7	July 8 - 12
Week 8	July 15 - 19
Week 9	July 22 - 26
Week 10	July 29 - Aug 2
Week 11	Aug 5 - 9

## Theme of the Week

Favorite Sports Team
World Cup
Welcome to Hollywood
Wild Wild West
Get Lost in a Good Book
Stars and Stripes
Super Heroes
Disney Days
Christmas in July
Color War
Mighty Week

## Field Trip

UNL Tour
Jim Ager: Foot Golf
Wilderness Park
Prarieland Dairy
Holmes Lake
Roper: Frisbee Golf
State Capitol
Sun Valley Lanes
NGP: Outdoor Education Center
Pioneers Park
Defy Gravity

## Programming

STEAM, KM, BK
FWF, Yoga, Improv
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## Who We Are

We are a passionate team of youth development professionals who are honored to serve youth during out of school time. We are committed to leveraging our intentional camp setting to create an environment where children are free from evaluation and given robust opportunities to courageously try something new, fail and get back up again in a supported environment, and feel deeply valued and connected to a community who celebrates them for who they are. We take our opportunity to serve seriously and choose to create change through ridiculously fun camp experiences!

## Camp Goals

1. To engage, energize, and inspire children to be active.
2. To foster personal character development, respect for others and build competent, capable problem solvers.
3. To cultivate positive self-talk within our campers.
4. To develop skills in sports-specific areas and to have FUN!

## Day Camp Counselors

We feel confident we have the best team around! The majority of our team comes from local universities with diverse educational backgrounds. Most importantly, our team is made up of individuals who LOVE kids! All Mighty Camp Team Members have completed extensive background checks, are certified in basic First Aid and CPR, and receive extensive training prior to the start of the camp. Rest assured, we hire the best of the best to work with your children!

## Ratios

To maximize the learning experience and to maintain a safe environment, we ensure sufficient staff-to-camper ratios. Campers will be assigned a camp team with a 12:1 campers to counselor ratio.

## What to Expect

Children enrolled in Mighty Camp spend approximately three hours daily in sport-focused "Learn to Play Workshops." The remainder of their time is spent engaged in other activities like STEAM, swimming, Kids Yoga, Improv classes, Character Programming, and local field trips. Mighty Camps are designed and licensed for children between the ages of 5 - 12 years.

## Camp Activities

Daily Open Swim utilizing outdoor pool facility (Lifeguards on duty) | Weekly field trips | Campfire games & skits  
Specialty themed activities | STEAM programming - Science, Technology, Engineering, Arts, Math

## Sports Education Activities

Basketball | Soccer | Softball | Floor Hockey | Volleyball | Flag Football | Ultimate Frisbee | Lacrosse | Tennis

## Rotating Bi-weekly Activities

Improv classes | Fun with Food (FWF) | STEAM | Yoga | Kids Move (KM) | Balanced Kids (BK)

## Character & Life Skills Programming

Coaching, celebrating, and reinforcing character based decision making is at the core of the Mighty Camp experience. Each week we have a new life skill and character trait we are focused on sharing with our campers. Campers move through intentionally crafted lesson plans that unpack what it looks like and sounds like to be courageous, responsible, honest, patient, attentive, generous, compassionate, creative, and determined. In addition to dedicating time to learning about character we spend time celebrating our campers for choosing to make decisions rooted in character. Each week, during our campfire activity, campers are recognized for the positive impact their presence makes as they choose to make character driven choices in camp!

## Enrollment Options / Cost

Schedule	Member	Non-Member
M - F	\$165	\$185
M / W / F	\$114	\$124
T / TH	\$84	\$94
Customized	\$42	\$47

\$25 per family registration fee includes a t-shirt, AM/PM snacks.  
When enrolling two or more siblings at the same time, get a 5% discount off all items at check out.

## Registration

- Full Week enrollment Opens January 7
- M/W/F or T/TH enrollment Opens February 4
- Customized enrollment Opens March 4

Afraid your family's schedule might change? We plan for that. Full refunds for schedule changes prior to May 1.

**Questions?** | Contact our Camp Site Director: Brent Docter at 402-413-1085 or [bdocter@genesishealthclubs.com](mailto:bdocter@genesishealthclubs.com)

## To Register Online

**First Time Families** - <https://mightycampscampmanagement.com/enroll>

**Returning Families** - <https://mightycampscampmanagement.com/campers>



**FUN!**